



Minor Surgery Patient Information Leaflet

Dr Mark Vincent is the Practice lead for Minor Surgery and undertakes a Minor Surgery clinic approximately once a month. He has several years of surgical training prior entering General Practice and is a qualified Vasectomy Surgeon.

The following minor surgery procedures can be undertaken at St Pauls Surgery:

- **Skin Tags**
- **Papillomas**
- **Sebaceous cysts**
- **Note: no cancerous lesions are removed**

Any patient requiring a minor surgery procedure needs to be seen by a Doctor/ ANP first and, if suitable, will be referred to the Minor Surgery clinic. You will then be contacted by the Surgery to book you in to the next available clinic. The usual waiting time is under 2 months and if you have not heard from us in that time then please call on (01962) 853599.

All procedures are performed under local anaesthetic which numbs the area. Most lesions are then either scraped off or excised (cut out). Dr Vincent will be supported by a Health Care Assistant during the procedure.

Before your procedure:

On the day of your operation wash as normal and ensure the area to be operated on is thoroughly cleaned. Hair removal is not necessary prior to the operation and will be done by Dr Vincent if required at the time and with your consent.

Try to relax – most operations come with minimal pain and only take a few minutes.

You should avoid drinking alcohol on the day of your operation and for 48hrs afterwards.

What to expect when you arrive for your Minor Surgery:

Before your procedure Dr Vincent will explain exactly what is being done and why and give you the opportunity to ask any questions. He will also explain what scarring you might expect. You will be asked to sign a consent form for the procedure should you still wish to proceed. You can decline having the operation at any time.

After your operation:

You will be given the appropriate after care advice regarding any dressings or stitches on the day of your operation. You will be able to walk or drive home afterwards and can usually return to work the same day. It is not usually necessary to take painkillers but you may want to have some available to take afterwards should you so wish.

Audit:

We regularly review and audit our Minor Surgery outcomes. We do this to quality check our results and to help identify any potential problems.